

This institution is an equal opportunity provider

PRYOR PUBLIC SCHOOLS

MAY

Breakfast/Lunch : All meals are Served with Milk

Available Daily lunch: Salad, Broccoli, Carrots, Garbanzo Beans
Corn

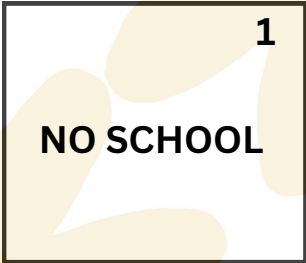
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Breakfast **4**
 4 French toast sticks
 string cheese/gogurt
 Sausage link
 Fruit
Lunch:
 Meat lasagna
 Breadstick
 Green beans
 Celery sticks

Breakfast **5**
 WG Bagel w/ cream cheese
 Fruit
 String Cheese/Gogurt
Lunch:
 Cheeseburger on a bun
 Lettuce / Tomato
 Fruit/Fries
 Macaroni salad

Breakfast **6**
 Yogurt parfaits
 Strawberry, yogurt and granola
 Danishes /Sausage link
 Fruit
Lunch:
 Ham steaks
 Mashed potato
 Corn /Fruit salad
 WG Roll

Breakfast **7**
 CHEESE BACON EGG BITES
 PEARS
 GOGURT/MUFFIN
Lunch:
 BBQ Pulled Pork
 Sandwich
 Broccoli Florets
 Pineapple

1
NO SCHOOL

Breakfast **11**
 Scramble Eggs with cheese
 Hash brown triangles
 Gogurt/muffin
 Fruit
Lunch:
 Chili mac
 Orange slices
 Green beans/Salad cup

Breakfast **12**
 Breakfast Burrito BOWL
 WG TORTILLA
 Fruit
 String Cheese
Lunch:
 Chicken Tacos w/ lettuce & Cheese
 Spanish rice
 Pineapple

Breakfast **13**
 Blue Berry Muffins
 Banana
 gogurt
Lunch:
 MeatBall Sandwhich
 Salad w/ dressing
 breadstick
 fruit

Breakfast **14**
 French toast Sticks
 Pears
 Sausage links
Lunch:
 Turkey DINNER
 ROLL/Potato
 fruit

15
NO SCHOOL

Breakfast **18**
 CHEESE BACON EGG BITES
 PEARS
 GOGURT/MUFFIN
Lunch:
 pepperoni pizza
 salad w/ dressing
 peaches

Breakfast **19**
 2 Pancakes
 bacon
 string cheese/granola bar
 Fruit
Lunch:
 Beef Stroganoff
 cucumber salad
 celery sticks
 fruit

Breakfast **20**
 Scramble Eggs with cheese
 Hash brown triangles
 GOGURT/MUFFIN
 Fruit
Lunch:
 Turkey Pot Pie
 Peas and carrots
 *WG Roll/Fruit

Breakfast **21**
 WG Bagel w/ cream cheese
 Fruit
 String Cheese
Lunch:
 Baked potato bar
 cheese/bacon
 chili/broccoli
 peaches

22
NO SCHOOL

25
NO SCHOOL

Breakfast **26**
 Cheese bacon egg bites
 pears
 GOGURT/MUFFIN
Lunch:
 Chicken strips with ranch
 Potato chips
 Grapes
 Breadstick

Breakfast **27**
 Scramble Eggs with cheese
 Hash brown triangles
 string cheese/GRANOLA BAR
 Fruit
Lunch:
 Sweet and Sour Pork
 *Steamed Veggies and rice
 Pineapple

Breakfast **28**
 Cereal
 Fruit
 gogurt/muffin
Lunch:
 Salisbury steak
 Mashed potato
 Corn
 Brown gravy

Breakfast **29**
 Cereal
 Fruit
 gogurt/muffin
Lunch:
 pepperoni pizza
 salad w/ dressing
 peaches

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