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**PRYOR PUBLIC SCHOOLS**

**MAY**

Breakfast/Lunch : All meals are Served with Milk

Available Daily lunch: Salad, Broccoli, Carrots, Garbanzo Beans  
Corn

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**Breakfast** **1**  
Cereal  
Fruit  
gogurt/muffin  
**Lunch:**  
pepperoni pizza  
salad w/ dressing  
peaches

**2**  
**NO SCHOOL**

**Breakfast** **5**  
4 French toast sticks  
string cheese/gogurt  
Sausage link  
Fruit  
**Lunch:**  
Meat lasagna  
Breadstick  
Green beans  
Celery sticks

**Breakfast** **6**  
WG Bagel w/ cream cheese  
Fruit  
String Cheese/Gogurt  
**Lunch:**  
Cheeseburger on a bun  
Lettuce / Tomato  
Fruit/Fries  
Macaroni salad

**Breakfast** **7**  
Yogurt parfaits  
Strawberry, yogurt and granola)  
Danishes /Sausage link  
Fruit  
**Lunch:**  
Ham steaks  
Mashed potato  
Corn /Fruit salad  
WG Roll

**Breakfast** **8**  
CHEESE BACON EGG BITES  
PEARS  
GOGURT/MUFFIN  
**Lunch:**  
BBQ Pulled Pork  
Sandwich  
Broccoli Florets  
Pineapple

**9**  
**NO SCHOOL**

**Breakfast** **12**  
Scramble Eggs with cheese  
Hash brown triangles  
Gogurt/muffin  
Fruit  
**Lunch:**  
Chili mac  
Orange slices  
Green beans/Salad cup

**Breakfast** **13**  
Breakfast Burrito BOWL  
WG TORTILLA  
Fruit  
String Cheese  
**Lunch:**  
Chicken Tacos w/ lettuce & Cheese  
Spanish rice  
Pineapple

**Breakfast** **14**  
Blue Berry Muffins  
Banana  
gogurt  
**Lunch:**  
MeatBall Sandwhich  
Salad w/ dressing  
breadstick  
fruit

**Breakfast** **15**  
French toast Sticks  
Pears  
Sausage links  
**Lunch:**  
Turkey DINNER  
ROLL/Potato  
fruit

**16**  
**NO SCHOOL**

**Breakfast** **19**  
CHEESE BACON EGG BITES  
PEARS  
GOGURT/MUFFIN  
**Lunch:**  
pepperoni pizza  
salad w/ dressing  
peaches

**Breakfast** **20**  
2 Pancakes  
bacon  
string cheese/granola bar  
Fruit  
**Lunch:**  
Beef Stroganoff  
cucumber salad  
celery sticks  
fruit

**Breakfast** **21**  
Scramble Eggs with cheese  
Hash brown triangles  
GOGURT/MUFFIN  
Fruit  
**Lunch:**  
Turkey Pot Pie  
Peas and carrots  
\*WG Roll/Fruit

**Breakfast** **22**  
WG Bagel w/ cream cheese  
Fruit  
String Cheese  
**Lunch:**  
Baked potato bar  
cheese/bacon  
chili/broccoli  
peaches

**23**  
**NO SCHOOL**

**26**  
**NO SCHOOL**

**Breakfast** **27**  
Cheese bacon egg bites  
pears  
GOGURT/MUFFIN  
**Lunch:**  
Chicken strips with ranch  
Potato chips  
Grapes  
Breadstick

**Breakfast** **28**  
Scramble Eggs with cheese  
Hash brown triangles  
string cheese/GRANOLA BAR  
Fruit  
**Lunch:**  
Sweet and Sour Pork  
\*Steamed Veggies and rice  
Pineapple

**Breakfast** **29**  
Cereal  
Fruit  
gogurt/muffin  
**Lunch:**  
Salsbury steak  
Mashed potato  
Corn  
Brown gravy

**30**

