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# PRYOR PUBLIC SCHOOLS APRIL

Breakfast/Lunch : All meals are Served with Milk  
Available Daily lunch: Salad, Broccoli, Carrots, Garbanzo Beans

**MONDAY** provider **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**



**Breakfast** **1**  
WG Blue Berry Muffins  
Banana  
String Cheese/gogurt  
**Milk**  
**Lunch:**  
Turkey Pot Pie  
Peas and carrots  
\*WG Roll/Fruit

**Breakfast** **2**  
Scramble Eggs with cheese  
Hash brown triangles  
string cheese/Granola Bar  
Fruit  
**Lunch:**  
PULLED PORK SANDWICH  
BAKED BEANS  
FRUIT

**Breakfast** **3**  
Cereal  
Fruit  
gogurt/muffin  
**Lunch:**  
pepperoni pizza  
corn  
peaches

**4**  
**NO SCHOOL**

**Breakfast** **7**  
4 French toast sticks  
string cheese/gogurt  
Sausage link  
Fruit  
**Lunch:**  
Meat lasagna  
Breadstick  
Green beans  
Celery sticks/ Fruit

**Breakfast** **8**  
WG Bagel w/ cream cheese  
Fruit  
String Cheese/Gogurt  
**Lunch:**  
Cheeseburger on a bun  
Lettuce / Tomato  
Fruit/Fries  
Macaroni salad

**Breakfast** **9**  
2 Pancake  
bacon  
string cheese/granola bar  
Fruit  
**Lunch:**  
Ham steaks  
Mashed potato  
Corn /Fruit salad  
WG Roll

**Breakfast** **10**  
CHEESE BACON EGG BITES  
PEARS  
GOGURT/MUFFIN  
**Lunch:**  
Chicken tacos w/wheat tortillas  
Spanish rice  
Black Bean Salsa  
Pineapple

**11**  
**NO SCHOOL**

**Breakfast** **14**  
Scramble Eggs with cheese  
Hash brown triangles  
Gogurt/muffin  
Fruit  
**Lunch:**  
Chili mac  
Orange slices  
Green beans/Salad cup

**Breakfast** **15**  
Breakfast Burrito BOWL  
WG TORTILLA  
Fruit  
String Cheese  
**Lunch:**  
Turkey DINNER  
ROLL/Potato  
fruit/corn

**Breakfast** **16**  
Blue Berry Muffins  
Banana  
gogurt  
**Lunch:**  
MeatBall Sandwhich  
Salad w/ dressing  
breadstick  
fruit

**Breakfast** **17**  
French toast Sticks  
Pears  
Sausage links  
**Lunch:**  
Chicken tacos w/wheat tortillas  
Spanish rice  
Lettuce/cheese  
Pineapple

**18**  
**NO SCHOOL**

**Breakfast** **21**  
CHEESE BACON EGG BITES  
PEARS  
GOGURT/MUFFIN  
**Lunch:**  
Taco  
Lettuce/Tomato  
BLACK BEANS  
mandarin oranges  
Confetti Cake Cookie

**Breakfast** **22**  
2 Pancakes  
bacon  
string cheese/granola bar  
Fruit  
**Lunch:**  
Beef Stroganoff  
cucumber salad  
celery sticks  
fruit

**Breakfast** **23**  
Scramble Eggs with cheese  
Hash brown triangles  
GOGURT/MUFFIN  
Fruit  
**Lunch:**  
Turkey Pot Pie  
Peas and carrots  
\*WG Roll/Fruit

**Breakfast** **24**  
WG Bagel w/ cream cheese  
Fruit  
String Cheese  
**Lunch:**  
pepperoni pizza  
salad w/ dressing  
peaches

**25**  
**NO SCHOOL**

**Breakfast** **28**  
Yogurt parfaits  
Strawberry, yogurt and granola  
Danishes /Sausage link  
Fruit  
**Lunch:**  
Sloppy Joes  
fries  
fruit cocktail  
salad w/ dressing

**Breakfast** **29**  
CHeese bacon egg bites  
pears  
GOGURT/MUFFIN  
**Lunch:**  
Chicken strips with ranch  
Baked Beans  
Grapes/Celery  
Breadstick

**Breakfast** **30**  
Scramble Eggs with cheese  
Hash brown triangles  
string cheese/GRANOLA BAR  
Fruit  
**Lunch:**  
Sweet and Sour Pork  
\*Steamed Veggies and rice  
Pineapple

