

ILLNESS POLICY-

When to keep students home.



In most situations the school prefers students to come to school and if they become ill at school, the parent/guardian will be notified. However, here are a few guidelines to help you decide when to keep your child home from school.

Symptom	Student must be at home?
Diarrhea Frequent, loose or watery stools compared to child's normal pattern: not caused by diet or infections.	YES - Keep your child home if they act or look ill; if the child has diarrhea with a fever and/or vomiting. Make sure your sick child stays well hydrated. <i>Student can return when he/she has not had diarrhea during the last 24 hours</i>
Fever Fever is the body's way of destroying the germs making it sick, and it's a common symptom of infections.	YES - Keep your child home when fever is greater than 100.0 and/or accompanied by other symptoms of illness, such as rash, sore throat, vomiting, headache, muscle aches, loss of appetite, etc. <i>Student can return when fever has been gone for 24 hours without medication and the child's appetite and energy level has returned to normal.</i>
Flu The flu can be serious. Symptoms of the flu typically come on suddenly and can include: fever, chills, headache, body aches, sore throat, nausea, dry cough, and vomiting.	YES - Keep your child home if they have a fever greater than 100.0 and are not able to participate in class <i>Student can return when fever has been gone for 24 hours without medication and the child's appetite and energy level has returned to normal.</i>
Coughing Severe, uncontrolled coughing or wheezing, rapid or difficulty breathing. Note: Children with asthma may be cared for in school with a written health care plan and authorization for medication/treatment.	YES - Medical Attention may be necessary
Mild Respiratory or Cold Symptoms Stuffy nose with clear drainage, sneezing, mild cough.	NO - Child may attend school if able to participate in class.
Rash	NO - Body rash without fever or other symptoms usually does not require student to remain at home. YES - seek medical advice for rash with fever, open and weeping wounds, or quickly spreading rash.
Vomiting Vomiting is another way for the body to rid itself of the germs making it sick and is usually caused by a stomach virus or infection	YES - Keep students home if they have vomited 2 or more times in the last 24 hours. <i>Students can return when he/she has not had vomiting during the last 24 hours.</i>
Pinkeye (conjunctivitis) Symptoms of pinkeye include eye redness, itchiness, discharge that forms a crust during the night that may prevent your eye or eyes from opening in the morning.	YES - if given antibiotics, keep at home until he/she has taken antibiotics for at least 24 hours. If your health provider decides to not treat your child, a note is needed to return.

